

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: STA

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Claeys Arthur

Coaches: Lasoen Sam

Coaches: Schepens Thiele

Coaches: Buyck Tine

Coaches: Vervynckt Nathalie HEADCOACH

Coaches: Vlamijnck Robin

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M FREESTYLE MIXED 10-9				Heat:2, starttime: 09:00
Heat: 2/4 Lane : 4 Athlete: DEBRUYNE NANE				Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time				
	5 0 M	1 0 0 M		
PB	no time	no time		
	no time			
				

Coach feedback:

Event number: 1: 100M FREESTYLE MIXED 10-9				Heat:2, starttime: 09:00
Heat: 2/4 Lane : 6 Athlete: DEVREEZE NOOR				Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time				
	5 0 M	1 0 0 M		
PB	no time	no time		
	no time			
				

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:2, starttime: 09:15
Heat: 2/7 Lane : 1 Athlete: DEGRANDE NORE							Q-time: 06:41:23
PB (50m pool): 06:41.23 Aalst 28/06/2025 PB (25m pool): no time SB: no time							
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M 4 0 0 M
PB	00:42.61	01:35.24	02:27.02	03:19.81	04:12.03	05:05.42	05:54.86 06:41.23
	00:42.61	00:52.63	00:51.78	00:52.79	00:52.22	00:53.39	00:49.44 00:46.37
							

Coach feedback:

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Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:2, starttime: 09:15	
Heat: 2/7 Lane : 4 Athlete: DE VUSSER LAURE							Q-time: 06:24:11	
PB (50m pool): no time			PB (25m pool): 06:24.11 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:2, starttime: 09:15	
Heat: 2/7 Lane : 7 Athlete: DE SMET LORE							Q-time: 06:39:13	
PB (50m pool): 06:47.13 Kortrijk 04/05/2025				PB (25m pool): 06:39.13SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:44.83	01:34.09	02:24.26	03:16.33	04:09.15	05:02.73	05:55.45	06:47.13
	00:44.83	00:49.26	00:50.17	00:52.07	00:52.82	00:53.58	00:52.72	00:51.68
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:3, starttime: 09:25	
Heat: 3/7 Lane : 4 Athlete: BERKEIN FRANCESCA							Q-time: 06:03:95	
PB (50m pool): 06:03.95 Aalst 28/06/2025			PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:43.17	01:28.99	02:14.59	03:01.76	03:48.09	04:35.05	05:18.95	06:03.95
	00:43.17	00:45.82	00:45.60	00:47.17	00:46.33	00:46.96	00:43.90	00:45.00
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:3, starttime: 09:25	
Heat: 3/7 Lane : 6 Athlete: DE MUER ANNA							Q-time: 06:08:23	
PB (50m pool): 06:08.23 Aalst 28/06/2025			PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:40.76	01:28.29	02:13.30	03:01.68	03:48.29	04:35.81	05:23.73	06:08.23
	00:40.76	00:47.53	00:45.01	00:48.38	00:46.61	00:47.52	00:47.92	00:44.50
								

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: STA

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:3, starttime: 09:25	
Heat: 3/7 Lane : 7 Athlete: VAN DE STEENE LORE							Q-time: 06:11:27	
PB (50m pool): no time			PB (25m pool): 06:11.27 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:4, starttime: 09:30	
Heat: 4/7 Lane : 5 Athlete: DE MULDER MAÏTHÉ							Q-time: 05:42:20	
PB (50m pool): 06:01.06 Aalst 28/06/2025				PB (25m pool): 05:42.20 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:39.80	01:25.30	02:11.42	02:58.08	03:44.63	04:31.59	05:17.05	06:01.06
	00:39.80	00:45.50	00:46.12	00:46.66	00:46.55	00:46.96	00:45.46	00:44.01
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:5, starttime: 09:35	
Heat: 5/7 Lane : 2 Athlete: DE WULF ALEXINE							Q-time: 05:25:15	
PB (50m pool): 05:58.69 Aalst 21/12/2024				PB (25m pool): 05:25.15SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:40.98	01:27.18	02:13.75	03:00.26	03:47.14	04:32.88	05:17.26	05:58.69
	00:40.98	00:46.20	00:46.57	00:46.51	00:46.88	00:45.74	00:44.38	00:41.43
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:7, starttime: 09:50	
Heat: 7/7 Lane : 2 Athlete: BUYLE GEIKE							Q-time: 04:59:10	
PB (50m pool): 05:13.60 Antwerpen 20/07/2025				PB (25m pool): 04:59.10 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:34.82	01:14.17	01:54.61	02:35.16	03:15.05	03:55.22	04:35.61	05:13.60
	00:34.82	00:39.35	00:40.44	00:40.55	00:39.89	00:40.17	00:40.39	00:37.99
								

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: STA

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:7, starttime: 09:50	
Heat: 7/7 Lane : 4 Athlete: RUTSAERT EMILY							Q-time: 04:40:86	
PB (50m pool): 04:49.04 Luxembourg 01/02/2026				PB (25m pool): 04:40.86 SB: 04:49.04 Luxembourg 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.04	01:07.70	01:44.36	02:21.33	02:59.08	03:36.53	04:13.40	04:49.04
	00:32.04	00:35.66	00:36.66	00:36.97	00:37.75	00:37.45	00:36.87	00:35.64
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:7, starttime: 09:50	
Heat: 7/7 Lane : 6 Athlete: BERKEIN ALESSIA							Q-time: 04:56:98	
PB (50m pool): 05:19.39 Kortrijk 04/05/2025				PB (25m pool): 04:56.98SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:35.04	01:14.57	01:55.78	02:36.84	03:18.12	03:59.07	04:39.89	05:19.39
	00:35.04	00:39.53	00:41.21	00:41.06	00:41.28	00:40.95	00:40.82	00:39.50
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:7, starttime: 09:50	
Heat: 7/7 Lane : 7 Athlete: LONCKE JUTTA							Q-time: 04:59:60	
PB (50m pool): 05:01.77 Antwerpen 20/07/2025				PB (25m pool): 04:59.60 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.27	01:10.58	01:49.35	02:28.69	03:07.68	03:46.71	04:24.83	05:01.77
	00:33.27	00:37.31	00:38.77	00:39.34	00:38.99	00:39.03	00:38.12	00:36.94
								

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16							Heat:5, starttime: 10:05		
Heat: 5/11 Lane : 5 Athlete: DE SMET KOBE							Q-time: 01:21:91		
PB (50m pool): 01:22.44 Wezenberg 04/01/2026				PB (25m pool): 01:21.91 SB: 01:22.44 Wezenberg 04/01/2026					
	5 0 M		1 0 0 M						
PB	00:38.25		01:22.44						
	00:38.25		00:44.19						
									

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: STA

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:7, starttime: 10:05
Heat: 7/11 Lane : 2 Athlete: DEGRANDE VIC			Q-time: 01:17:76
PB (50m pool): 01:18.25 Kortrijk 04/05/2025			PB (25m pool): 01:17.76 SB: 01:21.16 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:35.78	01:18.25	
	00:35.78	00:42.47	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:8, starttime: 10:10
Heat: 8/11 Lane : 7 Athlete: VROMAN FINN			Q-time: 01:13:49
PB (50m pool): 01:15.86 Wezenberg 04/01/2026			PB (25m pool): 01:13.49 SB: 01:15.86 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:34.07	01:15.86	
	00:34.07	00:41.79	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16			Heat:10, starttime: 10:10
Heat: 10/11 Lane : 0 Athlete: VROMAN WOUT			Q-time: 01:08:81
PB (50m pool): 01:10.56 Wezenberg 03/01/2026			PB (25m pool): 01:08.81 SB: 01:10.56 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:32.62	01:10.56	
	00:32.62	00:37.94	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:1, starttime: 10:15
Heat: 1/18 Lane : 5 Athlete: MUYS LILY			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: STA

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:4, starttime: 10:25
Heat: 4/18 Lane : 0 Athlete: DEGRANDE NORE			Q-time: 01:56:36
PB (50m pool): 01:59.29 Wezenberg 04/01/2026			PB (25m pool): 01:56.36 SB: 01:59.29 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:55.17	01:59.29	
	00:55.17	01:04.12	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:8, starttime: 10:30
Heat: 8/18 Lane : 1 Athlete: DE MUER ANNA			Q-time: 01:42:60
PB (50m pool): 01:42.60 Wezenberg 04/01/2026			PB (25m pool): 01:46.24 SB: 01:42.60 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:47.47	01:42.60	
	00:47.47	00:55.13	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:8, starttime: 10:30
Heat: 8/18 Lane : 2 Athlete: DE VUSSER LAURE			Q-time: 01:42:25
PB (50m pool): 01:47.44 Wezenberg 04/01/2026			PB (25m pool): 01:42.25 SB: 01:47.44 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:50.97	01:47.44	
	00:50.97	00:56.47	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:8, starttime: 10:30
Heat: 8/18 Lane : 3 Athlete: DE SMET LORE			Q-time: 01:41:71
PB (50m pool): 01:44.81 Wezenberg 04/01/2026			PB (25m pool): 01:41.71 SB: 01:44.81 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:49.38	01:44.81	
	00:49.38	00:55.43	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: STA

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:9, starttime: 10:35
Heat: 9/18 Lane : 9 Athlete: VAN DE STEENE LORE			Q-time: 01:41:24
PB (50m pool): 01:42.99 Wezenberg 04/01/2026			PB (25m pool): 01:41.24 SB: 01:42.99 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:48.00	01:42.99	
	00:48.00	00:54.99	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:10, starttime: 10:35
Heat: 10/18 Lane : 6 Athlete: BERKEIN FRANCESCA			Q-time: 01:38:19
PB (50m pool): 01:39.25 Wezenberg 04/01/2026			PB (25m pool): 01:38.19 SB: 01:39.25 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:47.25	01:39.25	
	00:47.25	00:52.00	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:12, starttime: 10:40
Heat: 12/18 Lane : 3 Athlete: DE MULDER MAÏTHÉ			Q-time: 01:33:89
PB (50m pool): 01:36.70 Wezenberg 04/01/2026			PB (25m pool): 01:33.08 SB: 01:36.70 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:46.22	01:36.70	
	00:46.22	00:50.48	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:13, starttime: 10:40
Heat: 13/18 Lane : 0 Athlete: BUYLE GEIKE			Q-time: 01:33:19
PB (50m pool): 01:39.86 Wezenberg 04/01/2026			PB (25m pool): 01:33.19 SB: 01:39.86 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:47.09	01:39.86	
	00:47.09	00:52.77	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: STA

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:13, starttime: 10:40
Heat: 13/18 Lane : 8 Athlete: BUYLE LAURE			Q-time: 01:32:97
PB (50m pool): 01:34.88 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 01:32.97 SB: 01:34.91 Wezenberg 03/01/2026			
	5 0 M	1 0 0 M	
PB	no time	01:34.88	
	no time		
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:14, starttime: 10:45
Heat: 14/18 Lane : 2 Athlete: DE WULF ALEXINE			Q-time: 01:31:24
PB (50m pool): 01:33.68 Wezenberg 04/01/2026 PB (25m pool): 01:31.24 SB: 01:33.68 Wezenberg 04/01/2026			
	5 0 M	1 0 0 M	
PB	00:44.42	01:33.68	
	00:44.42	00:49.26	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:15, starttime: 10:45
Heat: 15/18 Lane : 2 Athlete: DE MULDER CHLOë			Q-time: 01:28:72
PB (50m pool): 01:33.11 Wezenberg 03/01/2026 PB (25m pool): 01:28.72 SB: 01:33.11 Wezenberg 03/01/2026			
	5 0 M	1 0 0 M	
PB	00:45.06	01:33.11	
	00:45.06	00:48.05	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:16, starttime: 10:50
Heat: 16/18 Lane : 7 Athlete: VAN DOORNE LORE			Q-time: 01:26:67
PB (50m pool): 01:31.13 Wezenberg 03/01/2026 PB (25m pool): 01:26.45 SB: 01:31.13 Wezenberg 03/01/2026			
	5 0 M	1 0 0 M	
PB	00:42.53	01:31.13	
	00:42.53	00:48.60	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: STA

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:17, starttime: 10:50
Heat: 17/18 Lane : 5 Athlete: RUTSAERT EMILY			Q-time: 01:23:27
PB (50m pool): 01:29.09 Wezenberg 04/01/2026			PB (25m pool): 01:23.27 SB: 01:29.09 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:41.59	01:29.09	
	00:41.59	00:47.50	
			

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16			Heat:18, starttime: 10:50
Heat: 18/18 Lane : 1 Athlete: BERKEIN ALESSIA			Q-time: 01:21:12
PB (50m pool): 01:24.39 Wezenberg 04/01/2026			PB (25m pool): 01:21.12 SB: 01:24.39 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:39.43	01:24.39	
	00:39.43	00:44.96	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:6, starttime: 11:05
Heat: 6/19 Lane : 8 Athlete: VAN DOORNE ARNO			Q-time: 01:20:37
PB (50m pool): 01:20.37 Wezenberg 04/01/2026			PB (25m pool): 01:21.73 SB: 01:20.37 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:38.64	01:20.37	
	00:38.64	00:41.73	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:13, starttime: 11:15
Heat: 13/19 Lane : 8 Athlete: DE SMET KOBE			Q-time: 01:06:56
PB (50m pool): 01:07.73 Wezenberg 04/01/2026			PB (25m pool): 01:06.56 SB: 01:07.73 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:32.52	01:07.73	
	00:32.52	00:35.21	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: STA

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:14, starttime: 11:15
Heat: 14/19 Lane : 8 Athlete: DEGRANDE VIC			Q-time: 01:05:27
PB (50m pool): 01:08.44 Antwerpen 13/07/2025			PB (25m pool): 01:05.27 SB: 01:08.65 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:32.01	01:08.44	
	00:32.01	00:36.43	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:16, starttime: 11:20
Heat: 16/19 Lane : 7 Athlete: VROMAN FINN			Q-time: 01:02:00
PB (50m pool): 01:04.65 Aalst 28/06/2025			PB (25m pool): 01:02.00 SB: 01:05.07 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:31.13	01:04.65	
	00:31.13	00:33.52	
			

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:18, starttime: 11:25
Heat: 18/19 Lane : 5 Athlete: VROMAN WOUT			Q-time: 00:58:05
PB (50m pool): 00:59.58 Wezenberg 03/01/2026			PB (25m pool): 00:58.05 SB: 00:59.58 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:28.72	00:59.58	
	00:28.72	00:30.86	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:2, starttime: 11:30
Heat: 2/21 Lane : 4 Athlete: MUYS LILY			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: STA

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:3, starttime: 11:30
Heat: 3/21 Lane : 6 Athlete: VAN DE STEENE LORE			Q-time: 01:51:71
PB (50m pool): 01:51.71 Kortrijk 04/05/2025			PB (25m pool): 01:53.04 SB: no time
	5 0 M	1 0 0 M	
PB	00:55.44	01:51.71	
	00:55.44	00:56.27	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:4, starttime: 11:35
Heat: 4/21 Lane : 9 Athlete: DEGRANDE NORE			Q-time: 01:42:61
PB (50m pool): 01:44.61 Wezenberg 04/01/2026			PB (25m pool): 01:42.61 SB: 01:44.61 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:49.45	01:44.61	
	00:49.45	00:55.16	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:5, starttime: 11:35
Heat: 5/21 Lane : 4 Athlete: DE VUSSER LAURE			Q-time: 01:36:41
PB (50m pool): 01:36.41 Kortrijk 04/05/2025			PB (25m pool): no time SB: 01:38.71 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:45.82	01:36.41	
	00:45.82	00:50.59	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:6, starttime: 11:40
Heat: 6/21 Lane : 0 Athlete: DE SMET LORE			Q-time: 01:36:16
PB (50m pool): 01:36.16 Wezenberg 04/01/2026			PB (25m pool): 01:41.82 SB: 01:36.16 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:46.73	01:36.16	
	00:46.73	00:49.43	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: STA

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:7, starttime: 11:40
Heat: 7/21 Lane : 1 Athlete: DE MUER ANNA			Q-time: 01:32:41
PB (50m pool): 01:32.41 Wezenberg 04/01/2026			PB (25m pool): 01:34.49 SB: 01:32.41 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:45.53	01:32.41	
	00:45.53	00:46.88	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:8, starttime: 11:45
Heat: 8/21 Lane : 2 Athlete: BERKEIN FRANCESCA			Q-time: 01:30:35
PB (50m pool): 01:30.35 Wezenberg 04/01/2026			PB (25m pool): 01:31.19 SB: 01:30.35 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:44.17	01:30.35	
	00:44.17	00:46.18	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:10, starttime: 11:50
Heat: 10/21 Lane : 2 Athlete: DE MULDER MAÏTHÉ			Q-time: 01:27:87
PB (50m pool): 01:27.87 Wezenberg 04/01/2026			PB (25m pool): 01:28.80 SB: 01:27.87 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:42.47	01:27.87	
	00:42.47	00:45.40	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:17, starttime: 12:05
Heat: 17/21 Lane : 5 Athlete: VAN DOORNE LORE			Q-time: 01:17:34
PB (50m pool): 01:20.02 Kortrijk 04/05/2025			PB (25m pool): 01:17.34 SB: 01:23.21 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:39.52	01:20.02	
	00:39.52	00:40.50	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: STA

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:17, starttime: 12:05
Heat: 17/21 Lane : 8 Athlete: BERKEIN ALESSIA			Q-time: 01:17:83
PB (50m pool): 01:23.96 Antwerp 02/02/2025			PB (25m pool): 01:17.83 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.36	01:23.96	
	00:40.36	00:43.60	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:18, starttime: 12:05
Heat: 18/21 Lane : 8 Athlete: DE WULF ALEXINE			Q-time: 01:16:87
PB (50m pool): 01:22.33 Wezenberg 04/01/2026			PB (25m pool): 01:16.87 SB: 01:22.33 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:40.20	01:22.33	
	00:40.20	00:42.13	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:19, starttime: 12:05
Heat: 19/21 Lane : 4 Athlete: LONCKE JUTTA			Q-time: 01:13:95
PB (50m pool): 01:17.57 Antwerpen 20/07/2025			PB (25m pool): 01:13.95 SB: 01:19.24 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:37.50	01:17.57	
	00:37.50	00:40.07	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:20, starttime: 12:10
Heat: 20/21 Lane : 2 Athlete: BUYLE LAURE			Q-time: 01:12:94
PB (50m pool): 01:16.56 Kortrijk 04/05/2025			PB (25m pool): 01:12.94 SB: 01:17.94 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:38.04	01:16.56	
	00:38.04	00:38.52	
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: STA

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:20, starttime: 12:10
Heat: 20/21 Lane : 3 Athlete: RUTSAERT EMILY			Q-time: 01:12:45
PB (50m pool): 01:17.14 Antwerp 26/01/2025			PB (25m pool): 01:12.45 SB: 01:17.28 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:37.29	01:17.14	
	00:37.29	00:39.85	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:20, starttime: 12:10
Heat: 20/21 Lane : 4 Athlete: DE MULDER CHLOë			Q-time: 01:12:07
PB (50m pool): 01:15.61 Lago Kortrijk Weide 28/04/2024			PB (25m pool): 01:12.07 SB: 01:17.95 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:15.61	
	no time		
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:21, starttime: 12:10
Heat: 21/21 Lane : 6 Athlete: BUYLE GEIKE			Q-time: 01:09:39
PB (50m pool): 01:13.71 Wezenberg 04/01/2026			PB (25m pool): 01:09.39 SB: 01:13.71 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:35.63	01:13.71	
	00:35.63	00:38.08	
			

Coach feedback:

Event number: 7: 100M BACKSTROKE MIXED 10-9			Heat:2, starttime: 12:15
Heat: 2/4 Lane : 5 Athlete: DEVREEZE NOOR			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

MEGA swim 26: Session: 1: COACH evaluation sheet for TEAM: STA

Event number: 7: 100M BACKSTROKE MIXED 10-9				Heat:2, starttime: 12:15
Heat: 2/4 Lane : 6 Athlete: DEBRUYNE NANE				Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M		
PB	no time	no time		
	no time			
				

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:2, starttime: 12:30
Heat: 2/11 Lane : 6 Athlete: VAN DOORNE ARNO					Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:10, starttime: 13:00
Heat: 10/11 Lane : 2 Athlete: DE SMET KOBE					Q-time: 02:49:36
PB (50m pool): 02:52.29 Antwerpen 20/07/2025		PB (25m pool): 02:49.36 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.80	01:22.29	02:16.10	02:52.29	
	00:39.80	00:42.49	00:53.81	00:36.19	
					

Coach feedback:

Event number: 8: 200M MEDLEY MEN 11-14					Heat:11, starttime: 13:00
Heat: 11/11 Lane : 1 Athlete: VROMAN FINN					Q-time: 02:36:59
PB (50m pool): 02:38.12 Antwerpen 20/07/2025		PB (25m pool): 02:36.59 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.02	01:16.50	02:02.65	02:38.12	
	00:35.02	00:41.48	00:46.15	00:35.47	
					

Coach feedback: